

Rasti-Vihti and Rasti-Jyry welcome You to FinTrailO 2022 event consisting of two TempO and two PreO competitions, with PreO sprint as a bonus event.

Competiti	on		
Program	Saturday 21.5., "leg 0"	14.00-	PreO-sprint (not part of FinTrailO)
	Saturday 21.5., leg 1	right after	TempO 1 (ECTO)
	Sunday 22.5., leg 2	11.00-	PreO 1 (WRE)
	Sunday 22.5., leg 3	15.30-	TempO 2
	Monday 23.5., leg 4	15.30-	PreO 2 (ECTO)
		after	Price-giving ceremony
Locations	Saturday	Leg 0 and leg 1	1: Karkkila, near to Vuotinainen
	Sunday	_	, near to Käpylä
		<u> </u>	near to Ämmässuo
	Monday	Leg 4: Vihti, ne	ear to Vihtijärvi
	Saurkkola Sammatti Saurkkola Sammatti Num Ikarjalohja Karislojo Sinanjarvi O'LOHJA LOJO Evitsko Virkkala Virkka	RIIHIMÄKI HY Layliainen Kytäjä Roykka Otalampi Otalampi Klaukkala VAN VAN Lega JAINEN GRANKULLA Lesa	PVI TRASKANI TRASKANI

On leg 1 (Tour leg 2 (Pon leg 2 (Pon leg 4 (
On leg 2 (P On leg 4 (P) Maps Sprint map Scale 1:300 Scale 1:400 Equidistance Terrain and distances Saturday 2 spruce fore Walk distance sprint 400 to CC 1300 Sunday 22 asphalt. W the Competite Competite Contour for 750 m, from Time-keeping and punching In class E till puncher as competition competition In classes A Personal Athletes w	/H12 A and D/H12 B.	
On leg 4 (P Maps Sprint map Scale 1:300 Scale 1:400 Equidistance Terrain and distances Saturday 2 spruce fore Walk distance sprint 400 to CC 1300 Sunday 22 asphalt. W the Competent Competition Time-keeping and punching In class E time puncher as competition	empo1) ECTO-points are counted in Elit-, A-class and DH12A-class.	
Maps Scale 1:300 Scale 1:400 Equidistance Terrain and distances Saturday 2 spruce fore Walk distances Sunday 22 asphalt. W the Competente Competente Sunday 22 Gravel road m, walk ba the area qu Monday 23 contour for 750 m, from Time-keeping and punching In class E till puncher as competition competition In classes A Personal Athletes w	reO1) WRE-points are counted in Elit-class only.	
Scale 1:300 Scale 1:400 Equidistance Terrain and distances Saturday 2 spruce fore Walk distance sprint 400 to CC 1300 Sunday 22 asphalt. We the Competitive Competition of Time-keeping and punching Personal Scale 1:300 Saturday 2 Spruce fore Walk distance sprint 400 to CC 1300 Sunday 22 asphalt. We the Competitive Competition competition of Time-keeping and punching sprucher as competition competition. In classes A	reO2) ECTO-points are counted in Elit-class only.	
Scale 1:400 Equidistance Terrain and distances Saturday 2 spruce fore Walk distances Sunday 22 asphalt. Wathe Competition Control of Time-keeping and punching Personal Scale 1:400 Equidistance Saturday 2 spruce fore Walk distances Sunday 22 asphalt. Wathe Competition Time-keeping and punching In class E time puncher as competition competition In classes A	s, ISSprOM 2019-2, made or refined for TrailO.	
Terrain and distances Saturday 2 spruce fore Walk distances Sprint 400 to CC 1300 Sunday 22 asphalt. We the Competitive Competition of Time-keeping and punching In class E time puncher as competition of the Competition o	00 in leg0, leg1, leg3, leg4	
Terrain and distances Saturday 2 spruce fore Walk distances Sunday 22 asphalt. Wathe Competition Time-keeping and punching Personal Saturday 2 spruce fore Walk distances Sunday 22 asphalt. Wathe Competition Time-keeping and punching Sunday 22 contour for 750 m, from Time-keeping and punching Personal Athletes w	00 in leg 2	
distances spruce fore Walk distant sprint 400 to CC 1300 Sunday 22. asphalt. W the Competence the Competence Sunday 22. Gravel road m, walk bathe area qu Monday 23. contour for 750 m, from Time-keeping and punching In class E till puncher as competition competition In classes A Personal Athletes w	ce 2m	
asphalt. W the Compete the Compete the Compete Sunday 22. Gravel road m, walk bathe area que Monday 23 contour for 750 m, from Time-keeping and punching In class E time puncher as competitor competition. In classes A Personal Athletes were supported to the competition of the com	1.5. PreO Sprint and TempO 1: low hills, a lot of 1-3 m stones, mostly ests. In sprint a nice gravel road, in tempo a road with rough surface. nces: From parking to CC 100-600 m, CC to sprint start max 200 m, m, transition to tempo 500 m, tempo course 500 m, walk from finish m.	
Gravel road m, walk ba the area qu Monday 23 contour for 750 m, from Time-keeping and punching In class E ti puncher as competitor competition In classes A Personal Athletes w	5. PreO 1: mainly rocky hills and forest. Roads are smooth gravel or alk distances: Courses from 1300m to 1700m + 200m from etition centre to the Start and 500m from Finish to timed controls and tition centre.	
contour for 750 m, from 750 m,	5. TempO 2: relatively flat hills with some bare rock and minor cliffs. d. From parking to CC 0-500 m, CC to start 100 m, tempo course 500 ck through the course. Due to scarce parking possibilities please leave uickly.	
and punching puncher as competition competition. In classes A Personal Athletes w	3.5. PreO 2: pinewood with very good visibility, some kettles and other rms. Gravel roads. Parking to CC 0-600 m, CC to start 400 m, courses m finish to timed control and back to CC 1700 m.	
Personal Athletes w	me-keeping and punching by TOE-system. Manual punching with own a backup. Paper card is read only if a punch is missing from the 's chip. In the sprint the backup punching grid is attached to the n map.	
	A, DH12A, B and DH12B punching manually with own puncher.	
	ho need help during the competitions shall bring their own helper.	
Training There will I	There will be a model station on Saturday and Sunday morning.	
ETOC on Tuesday	ning is arranged by Petteri Hakala and Janne Seppälä in Kirkkonummi / 24th at 5 PM. Parking in address Vanha Rantatie 8. Fee optional, s work on stations.	

Overall results and prizes	FinTrailO multi-day competition's results are counted of two TempO and two PreO competitions' results so that three best scores of four events are counted for each participant. The athlete with the highest combined result from three competitions will win FinTrailO.	
	Prizes for at least 3 best competitors in Elite and DH 12 A, lottery prizes in other classes.	
	The PreO Sprint has separate prizes.	
Marshall	If you are willing to help organisers by working one event as marshall on a timed control, please contact us via email fintrailo2022@kulkine.net . All marshalls can participate in the competition.	

Information		
Registration	Entry deadline Sunday 15 th of May 23.59.	
	Foreign participants enter WRE-competition via IOF Eventor and other competitions with FinTrailO 2022 Registration Form . Please make sure that you have an IOF ID. Finns enter via national IRMA-system.	
	Please contact us via email <u>fintrailo2022@kulkine.net</u> if you need an invitation for your VISA.	
Late entries	Late entry deadline Thursday 19th of May 23.59. Additional late entry fee 50%. Late entries will be add to the end of the start list.	
Additional request of	All participants are kindly asked to provide following information with <u>FinTrailO</u> 2022 Information Form latest 15.5.	
participant information	1) In whose car you will be travelling to the competitions? We will try to organise the start list so that the passengers in the same car get start times within a reasonable time slot.	
	2) If you have a physically challenged -certificate to get alternative maximum time in PreO competitions.	
Entry fee	PreO-sprint Elit 15€ Others 10€	
	Legs 1, 3 and 4 Elit 20€ A and B 15€ D/H12 A and B 10€	
	Leg 2 Elit 23€ (WRE) A and B 15€	

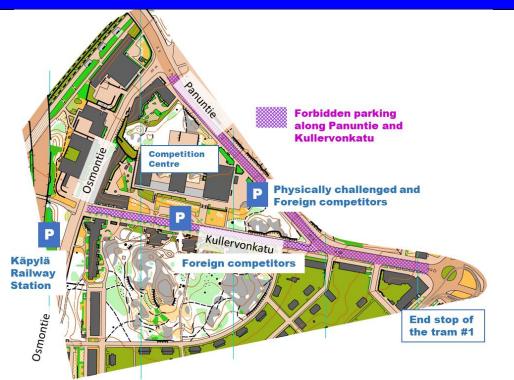
	D/H12 A and B 10€	
	Thus, the total fee in Elit is 98€ for FinTrailO and sprint.	
	The total fee for international athletes should be paid before the competitions to the bank account of Helsingin Jyry: FI6112203000279113, BIC NDEAFIHH. Banking system may require the address of Helsingin Jyry: Viides linja 3, 00530 Helsinki, Finland.	
	All additional costs from international payment must be covered by the athlete.	
	Finnish licensed participants shall pay their entry fees through IRMA.	
Toilet	There will be wheelchair accessible toilets.	
Food	There will be a canteen at the competition center for legs 1,2 and 4.	
Accommodation	See alternatives at the ETOC web site (https://etoc2022.com/).	
Transport	Useful public transport doesn't exist for all events.	
Parking	On Saturday legs 0-1 in Karkkila: Along the road.	
	On Sunday leg2 in Helsinki: <u>Please follow the attached parking instructions and map</u> .	
	On Sunday leg 3 in Espoo: Small parking area, please do not stay for aftermath.	
	On Monday leg 4 in Vihti: First 30-40 cars in CC, then some spaces by the road and then another parking area approx. 600 m from CC.	
Entry to Finland	We refer to the Government sites for updated information: https://valtioneuvosto.fi/en/information-on-coronavirus/current-restrictions/travel-to-and-from-finland Please contact us via email if you need an invitation for your VISA.	

Event directors	Legs 0-1 and 3-4, Rasti-Vihti: Sini Aartomaa, sini.aartomaa@honkamaja.fi	
	Leg 2: Rasti-Jyry: Aino Leppänen, aino.leppanen@gmail.com	
Course setters	Legs 0-1 and 3-4 Rasti-Vihti: Janne Seppälä	
	Leg 2 Rasti-Jyry: Eero Hakanen	
Event advisers	Legs 0-1 and 3-4 Juha Hiirsalmi	
	Leg 2 Ari Tertsunen	
Jury	Anne Straube, Ari Uotila and Tuomo Markelin	
Inquiries	Please contact us via email fintrailo2022@kulkine.net	
Web page	https://kulkine.net/fintrailo2022/	
Facebook	https://Facebook.com/FinTrailO	

Welcome to FINTRAILO 2022!

Parking

Sunday 22.5. Helsinki PreO1, leg2



Competition Centre address: Kullervonkatu 11 Helsinki (Käpylä)
Parking East side of the competition centre is reserved for physically challenged persons and foreign participants, entry from Panuntie. Another parking place
South of the Competition Centre is reserved for foreign participants, entry from
Osmontie-Kullervonkatu. Finns are advised to use the parking place of Käpylä railway station and street parking along Osmontie near the railway station.
Street parking along the Panuntie North-East of the competition centre is forbidden in the spirit of fair play because of the visibility to some controls.
Parking is forbidden along Kullervonkatu South of the Competition Centre, it is reserved for local residents with traffic signs.

